



# METROPOLITAN SAFETY COUNCIL, INC.

*Your safety & health training center since 1950*

## Alive at 25 4-Hour Course (AA25)

Every hour, about 30 teens are injured in motor vehicle crashes involving an inexperienced driver. Each day, seven will die in those collisions. Motor vehicle crashes are the leading cause of death for young adults, and the numbers are climbing! Teen drivers are nearly three times more likely than drivers age 20 and older to be in a fatal crash.

AA25 is used for a variety of reasons:

- ✓ Court referrals. AA25 is accepted by many of the traffic courts nation-wide for 14-24 year olds who violate traffic laws. Most courts do not accept online courses. Our AA25 is an in-person course.
- ✓ Concerned parents. Inexperience, coupled with risk-taking behavior, means a heightened crash risk for teens. While driver education and graduated driving licensing systems are effective, teens need additional training and guidance to change risky behaviors and improve decision-making skills. AA25 can help prevent crashes and tickets.
- ✓ Insurance discounts. Most auto insurance companies offer a discount for drivers who complete AA25. Check with your personal insurance agent to determine if you qualify.
- ✓ Refresher. This four-hour driver improvement program that also makes an ideal refresher course for the young driver.

In just half a day, AA25 offers practical strategies to reduce collision-related injuries, fatalities, and costs. It addresses the importance of attitude and responsibility in preventing accidents and reinforces the good driving skills students already have. Most importantly, AA25 shows students the consequences of the choices they make behind the wheel and puts defensive driving in a personal context.

### COURSE CONTENT

#### Session 1

- What's Stopping Me?
- Who's at Risk?
- I am NOT a Statistic
- My Choices
- Was it Preventable?

#### Session 2

- Am I Aware?
- State Laws
- What's In My Control?
- Occupant Protection
- Speed Kills
- Who Has Right of Way?

#### Session 3

- What's the Risk?
- Following too Closely
- Distracted Driving
- Alcohol & Drugs
- Fatigue
- Aggressive Driving

#### Session 4

- Who Controls My Outcome?
- What If?
- Real Possibilities
- Taking Control of Myself: My Plan
- Review, Final Exam

### FEE FOR SCHEDULED COURSES HELD AT COUNCIL OFFICE

- Effective 1/1/2023 **\$60 per person** payable by cash, money order or major charge debit/credit card.
- Advanced registration required. Online registration at [www.metro-safety.org](http://www.metro-safety.org).
- Prices are subject to change without notice.

Rev. 1/23



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