Principles of Occupational Safety & Health (POSH)

Tuesday – Friday, January 10 – 13, 2017, or Tuesday – Friday, April 18 - 21, 2017, or Tuesday – Friday, August 8 - 11, 2017, or Tuesday – Friday, November 7 - 10, 2017

8:00 am - 4:30pm

This intensive 4-day course builds a solid foundation for creating an effective safety and health program. Seasoned safety professionals cover nineteen critical safety and health topics to give you the practical knowledge and tools to implement and manage a safety program based on best practices. Interactive discussions, individual and group activities, personal assessments and a comprehensive case study help you develop a safety plan customized for your organization. You also receive reference materials valued at more than $350. Complete the course to earn your Certificate in Principles of Safety, demonstrating your readiness to develop and implement a comprehensive safety action plan for your organization.

What you will learn

- Principles of occupational safety and health management
- How to recognize, evaluate and control hazards, and determine an acceptable level of risk
- How to develop a safety and health management action plan
- Components of safety communication and how to improve safety messages
- Tools and techniques to implement for employee involvement
- Incident reporting, investigation and root cause analysis techniques
- How to develop and manage a job safety analysis process
- How to access, select and implement safety training
- Skills needed to select, build and utilize safety teams
- Reasons for safety inspections and how to plan, conduct and follow up
- How to understand OSHA regulatory requirements
- Fundamentals of industrial hygiene
- Requirements of the hazard communication standard
- How to recognize ergonomic risk factors and develop control measures
- When to use personal protective equipment and how to overcome objections
- OSHA recordkeeping requirements for injuries and illnesses
- How to develop an emergency action plan
- How to utilize a safety orientation program to improve employee performance
- Components of the NSC Safety Management System

Course materials

- Participant Guide covering 19 topics
- Accident Prevention Manual: Administration & Programs, 13th edition, on CD
- Injury Facts CD
- Resource CD containing various references, reproducible checklists and forms, and OSHA tools and fact sheets

4-day course, 2.6 CEUs

Member $1295.00* per person / Non-member $1650.00* per person.

Advanced registration required. Please visit our website or call for details.

*Based on payment received at least 10 days prior to class.