



OCCUPATIONAL SAFETY & HEALTH

Certificate in OSHA Compliance

Instructor-led Classroom Course

Focused Courses Clarify OSHA Regulations

The Certificate in OSHA Compliance provides a grounding in OSHA 1910 General Industry Standards. You choose the compliance issues that are most important to your organization, and obtain in-depth reviews of relevant standards. When you complete the certificate, you will have the ability to read and interpret specific OSHA standards.

What you will learn:

- Targeting standards most relevant to your organization
- Reviewing basic safety terms and concepts to help you better understand the principles of the standards
- How to read and interpret OSHA terms, concepts and principles to ensure compliance
- What triggers an OSHA inspection and how to be confidently and completely prepared
- Assessing your current level of compliance, identifying gaps, and creating and implementing an action plan to fill them
- Practices and procedures to help you identify appropriate training and protection requirements
- Participate in discussions that break down the standards in detail and answer your compliance questions
- How to take part in activities built around the standard, and work through ideas to implement at your facility

Program Description:

Complete the four-hour **Introduction to OSHA Seminar*** and any five of the following elective seminars over a three-year period. Complete course descriptions are on the reverse side. Seminars are approximately four hours in length and are available onsite at your facility.

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| • Confined Spaces | • Fire Protection | • Powered Industrial Trucks |
| • Crane and Hoist | • Hazard Communication | • Recordkeeping |
| • Electrical Safety | • Lockout/Tagout | • Walking/Working Surfaces |
| • Exit Route, Emergency Action Plans and Fire Prevention Plans | • Machine Guarding | • Welding, Cutting and Brazing |
| | • Personal Protective Equipment | |

Who would benefit:

Anyone responsible for OSHA compliance — safety, human resources and loss control managers; safety coordinators; safety team members; line workers; and entry-level or part-time safety practitioners.



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nsc.org

** If you have completed the OSHA General Industry 1910 10-hour or OSHA 511 Standards for General Industry 30-hour, you may opt out of this module. Just present your course completion card*

Certificate in OSHA Compliance Seminar Descriptions

Required Seminar (4 hours)

Introduction to OSHA

OSHA 1910 CFR 29 General Industry Standard; how OSHA is organized; employer/employee rights and responsibilities; and the scope of 29 CFR 1910 Standards for General Industry*

Elective Seminars

(Choose any five. Up to 4 hours each.)

Confined Spaces

OSHA Permit-Required Confined Spaces Regulation 1910.146 Subpart J; hazard identification, evaluation and control; Personal Protective Equipment (PPE); rescue procedures

Crane and Hoist

OSHA Overhead Gantry Cranes Regulation 1910.179 Subpart N, OSHA Slings Regulation 1910.184 Subpart N, inspections, safe sling operation and recordkeeping

Electrical Safety

OSHA Electrical Safety Regulation 1910.301-399 Subpart S, types of electrical injuries, protecting employees working on/near electrical equipment

Exit Routes, Emergency Action Plans & Fire Prevention Plans

Emergency Plans & Fire Regulation 1910.33-39 Subpart E, alarms, evacuation methods, training, fire prevention

Fire Protection

OSHA Fire Protection Regulation 1910.155-156 Subpart L; equipment and protective wear; sprinkler and fire extinguishing systems; detection and alarm systems

Hazard Communication

OSHA Hazard Communication 1910.1200 Subpart Z, hazard communication programs, labeling hazardous materials, Material Safety Data Sheets

Lockout/Tagout

OSHA Control of Hazardous Energy Lockout/Tagout Standard 1910.147 Subpart J, key components of an energy control program, inspections, testing equipment

Machine Guarding

OSHA Machinery and Machine Guarding Standard 1910.211-219 Subpart O; common causes of machine incidents; which areas should be guarded

Personal Protective Equipment

OSHA PPE Standard 1910.132-140 Subpart I; PPE Hazard Assessments and Certification Statements; types of PPE and how to use them

Recordkeeping

OSHA Recordkeeping and Reporting Occupational Injuries and Illnesses Standard 1904, record retention and access, petitions for exceptions

Powered Industrial Trucks

OSHA Powered Industrial Truck Standard 1910.178 Subpart N, basic safety precautions, hazardous locations, maintenance, training

Walking/Working Surfaces

OSHA Walking and Working surfaces Standard 1910-21-30 Subpart D, housekeeping, rail guards and handrails, stairs, dock boards, ladders, scaffolding

Welding, Cutting and Brazing

OSHA Welding, Cutting and Brazing Standard 1910.251-255 Subpart Q; preventing fires and protecting workers; common hazards; hot work permits; fire watches



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