



*South Louisiana Chapter  
New Orleans*

\*[Advanced Safety Certificate Series](#)\*

## **Ergonomics: Managing for Results**

**Friday 1/12/18 or  
Monday 2/19/18 or  
Thursday 5/3/18 or  
Wednesday 7/25/18 or  
Friday 9/7/18 or  
Thursday 11/1/18**

**8:00 am – 4:30 pm**

Repetitive motion and overexertion can easily lead to strains and sprains. This course offers knowledge needed to reduce the number and severity of musculoskeletal injuries in your workplace. You will also learn to implement a practical and effective ergonomics program. Use what you learn in this course to reduce costs and injuries and strengthen employee morale.

### **What you'll learn**

- Basic concepts of workplace ergonomics
- How to recognize ergonomic risk factors related to musculoskeletal disorders
- How to conduct an ergonomic worksite analysis
- Techniques to evaluate and rank hazards
- How to assess and select the control methods best suited to the risk
- Elements needed to establish an ergonomics program

**1 Day Course, 0.65 CEUs**

**Fee\*: Member \$325 per person / Non-member \$425**

**Advanced registration required. Please visit our website or call for details.**

\*Based on payment received at least 10 days prior to class.

Visit [www.metrosafety.org](http://www.metrosafety.org) for more information about the NSC Advanced Safety Certificate.

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