



South Louisiana Chapter  
New Orleans

## NSC First Aid & Adult CPR & AED Course

Monday 2/5/18 or  
Monday 3/12/18 or  
Thursday 4/24/18 or  
Tuesday 5/22/18 or

Monday 6/18/18 or  
Monday 7/16/18 or  
Monday 8/13/18 or  
Monday 9/10/18 or

Monday 10/15/18 or  
Monday 11/12/18 or  
Monday 12/10/18

8 am – 3:30 pm

### REGULATORY REQUIREMENTS

The Code of Federal Regulation for General Industry, CFR 1910.151(b) Medical Services and First Aid, states: *“(b) In the absence of an infirmary, clinic, or hospital in near proximity to the workplace which is used for the treatment of all injured employees, a person or persons shall be adequately trained to render first aid...”* Also, Louisiana Department of Labor Workers’ Compensation 10-Point Safety Plan requires a trained person on every jobsite on every shift. (The full text and clarification of training requirements can be found at <http://www.osha.gov> and [http://www.laworks.net/WorkersComp/Safety/OWC\\_10pointsafety.asp](http://www.laworks.net/WorkersComp/Safety/OWC_10pointsafety.asp) respectively.) With few exceptions, every employer, regardless of size, is required to have enough employees trained in First Aid & CPR to quickly respond to the hazards which can be reasonably expected to occur in the workplace.

### IS YOUR COMPANY PREPARED?

National Safety Council’s 7-Hour Standard First Aid & Adult CPR Course meets the CFR 1910.151 OSHA Standard, Coast Guard and most Workers’ Compensation Insurance requirements. Instructors are certified by the National Safety Council.

### FACTS AND STATS – Each year

- 40.6 million are treated in hospital emergency rooms because of unintentional injuries
- 146,000 die from unintentional injuries
- 140,000 die from strokes
- 610,000 die from heart disease and heart attacks

### CONTENTS

- |                                     |                         |                                      |
|-------------------------------------|-------------------------|--------------------------------------|
| ➤ Why Learn First Aid/CPR/AED       | ➤ Use of AEDs           | ➤ Burns                              |
| ➤ Legal Issues                      | ➤ Choking               | ➤ Heat & Cold Emergencies            |
| ➤ Disease Precaution                | ➤ Shock                 | ➤ Rescuing & Moving Victims          |
| ➤ Intro to Bloodborne Pathogens     | ➤ Bleeding & Wound Care | ➤ Includes Text, DVD & Pocket Guide  |
| ➤ Victim Assessment                 | ➤ Serious Injuries      | ➤ NSC Certificates Valid for 2 Years |
| ➤ Scene Survey                      | ➤ Splinting & Bandaging |                                      |
| ➤ Heart Attack & Stroke (Adult CPR) | ➤ Poisoning             |                                      |

### FEE PER PERSON (Effective 7/1/17)

**\$100\* Member**

**\$130\* Non-Member**

### ADD BLOODBORNE & AIRBORNE PATHOGENS

**Add \$30\* Member**

**Add \$35\* Non-Member**

- |                                     |                                        |                                                                                                               |
|-------------------------------------|----------------------------------------|---------------------------------------------------------------------------------------------------------------|
| ➤ 3:30pm – 4:30pm                   | ➤ Steps to Reduce Exposure             | ➤ NSC Certificate                                                                                             |
| ➤ OSHA Standard & Glossary of Terms | ➤ Needle Stick Safety & Prevention Act | ➤ (Company-Specific Exposure Control Plan must be covered in-house to meet OSHA 29CFR1910.1030 requirements.) |
| ➤ HBV, HCV, HIV & TB                | ➤ Recordkeeping                        |                                                                                                               |
| ➤ Influenza Pandemic                | ➤ Exposure Control Plan                |                                                                                                               |

### \*NOTE

- Price per person. Advanced registration required. Cancellation may forfeit a portion of course fee.
- On-site classes available with minimum 12. Travel expenses to your facility additional.
- Restrictions apply. Prices subject to change without notice.
- Not a National Safety Council member? Visit [www.metro-safety.org](http://www.metro-safety.org) for more information.

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